



# JONAVOS SENAMIESČIO GIMNAZIJA

### Social competence and social skills programme

The purpose of secondary education is to assist a person to acquire general academic and sociocultural skills, technological literacy, moral, ethnic and civic maturity, the basis of professional competence.

## **Objectives:**

- Mature spiritual, intellectual and physical capabilities of an individual;
- Develop an active, creative, responsible, citizen, who acquires both general and subject-specific competencies necessary for successful social integration, professional development and lifelong learning.

#### Students are taught:

- be positively-minded, which means to be able to evaluate oneself appropriately, be responsible, reliable, proactive, creative, opting for a safe and healthy way of life, pursue positive results;
- communicate and collaborate constructively working in groups to achieve common goals, creating and maintaining good relationships with partners;
- understand the necessity of lifelong learning through attaining minimum competencies, gaining critical dimension to knowledge and creatively applying it making various decisions;
- be active members of the public who willingly participate in the community and society life, contribute to the Lithuanian, European and world culture processes, nature protection and the development of social and economic well-being.

#### Students are supposed to acquire the following social competences:

- **The ability to learn**. Students should feel responsible for their own learning, be able to self-motivate, plan learning, choose the appropriate learning strategies and apply them to improve their self-evaluation of the progress.
- **Communication**. Students should understand the importance of communication and interact effectively according to the context and situation of communication, applying linguistic and non-linguistic strategies.
- Cognition. Students should pursue to gain knowledge, look for the truth, be able to constructively tackle the challenges, possess critical thinking, better cognize reality by applying research methods.
- Civil. Honesty, responsibility, respect and tolerance towards others, love for homeland are fostered during the school years. Students are encouraged to actively participate in community life, work for others, guided by the values of democracy, appreciate the country's and world's heritage, take care of others and environmental safety.
- **Initiative and creativity**. Students should focus on creative search, encourage others in creative and unconventional thinking, take the ideas of others and be able to apply them, assume responsibility for the results, respect the rights of authors.
- **Personal**. Students should think positively, act honestly, be able to overcome hardships and responsibly build their lives.
- **Cultural.** Students should be conscious, responsible and creative participants of cultural processes, fostering the immediate environment, the country's national and democratic culture as well as the world heritage.

Social skills programme is implemented through school syllabus. During the classes of Lithuanian, Foreign Languages, Ethics, Religion Studies, History, Biology, Chemistry, Drama, Arts, Civic Studies a lot of attention is paid to the development of the above mentioned skills. Participation in a diversity of after-school activities such as subject contests, sport tournaments, excursions, projects, actions not only broaden students' horizons but also develop their personalities.

# Bullying, Violence, Aggression, Conflict Mediation

In our school certain measures are taken to prevent bullying, violence and aggression. The members of Children Welfare Commission, a social worker and a school psychologist organize various preventive events such as:

- **Researches** (Identify students who need special attention; Carry out individual students' psychological assessment; "Is our school safe?", The commonest addictions among gymnasium students.")
- Lectures for students ("My responsibilities and duties in the gymnasium", "Physical activity and its importance for our health", "SOS harmful habits", etc.)
- Lectures for teachers.
- **Integrated classes** ("I am free and responsible", "Is committing a suicide a way to become free?", 'Psychologists about the origin of aggression and its negotiation", "AIDS and other diseases", "Aggression. Destruction. Conflicts.", "Harmful habits. Addictions. Alcoholism. Drugs."
- **Projects** ("Let's act, improve and make sense", "Take care of yourself and everybody around you").
- **Actions** ("No to smoking", "A week without bullying")